

Jigar Sitapara, MD
Prime Facial Plastic Surgery
10285 Little Patuxent Parkway
Suite 250
301.302.7272

Earlobe Repair and Reduction

*****NOTE: IF YOU ARE UNDERGOING A PROCEDURE UNDER ANESTHESIA (NOT LOCAL ANESTHESIA ALONE), DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT PRIOR TO YOUR PROCEDURE*****

The following instructions apply to patients who have undergone Ear Lobe Repair/Reduction. Although your surgical procedure may seem minor, the healing process is the same for all surgical skin wounds, minor or major. Since no two patients are ever exactly alike in their surgical needs, type of surgery performed or rate of healing, we may elect to individualize the following guidelines for each patient. In such instances, we will so instruct you. Otherwise, we urge you to follow the advice below very carefully, in order to accelerate your healing and maximize your surgical outcome.

Please take time to follow these instructions:

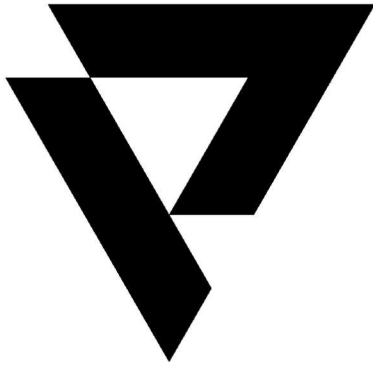
- You may allow the wounds to get wet in 24 hours. Do not submerge them under water but you can let soapy water run over them in a shower.
- If your wounds get wet, pat it dry or air dry –do not rub. The sutures are very delicate and are easily removed with rubbing.
- Apply Bacitracin or Aquaphor ointment to the wound three times daily
- You may resume exercise 7 days after your procedure (after sutures are removed) but avoid activities that may cause direct trauma to your ear for 3 weeks (wrestling, boxing, etc)
- Bloody ooze may be gently cleaned with peroxide/water–always pat dry, do not rub. If you notice more significant bleeding, apply pressure by pinching the earlobe with a clean piece of gauze for 20 minutes. This should stop any bleeding.

Your sutures will be removed in a week. After the stitches are removed please continue to use caution around the wound, it is still in the healing phase.

Initially, it is normal for the repair site to look raised. This is due to the special suturing technique used by Dr. Sitapara for optimal healing of this incision. Excess scar tissue formation or keloids do not form for several months.

We include re-piercing at no cost and this can be performed 2 months after the repair. Please bring gold or other non-reactive metal earrings that are SMALL and can be worn for TWO WEEKS CONSECUTIVELY. Do not wear any clip-on earrings before re-piercing.

Preoperative Instructions



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If possible, do not take any Asprin or NSAID medications (ibuprofen, motrin, advil, etc) for 14 days prior to your procedure, and then only on the advice of your personal physician. Please let your surgeon know if this is not possible prior to your surgery.

Avoiding alcohol for 7 days prior to surgery can help with the healing process.